Schools Forum

11 December 2012

Targeted Mental Health in Schools (TaMHS)

1. Introduction

1.1 To provide the School Forum with an update on possible options in relation to the TAMHS borough wide project currently funded until the end of March 2013.

2. Current position

- 2.1 The current specification for the delivery of the service by Alliance Psychological Services Ltd. is for the delivery of a range of accessible, reliable, flexible and appropriate evidence based interventions and assessments including one to one counselling sessions, motivational interviewing and solution focused work, to children aged between 0 and 18 and their families or carers who are deemed at risk of developing mental health problems
- 2.2 The service is currently funded at a total cost of £500,000 per annum (£250,000 from the Local Authority including Early Intervention Grant and £250,000 from brought forward surplus on the Schools Budget and as such is one off in nature).
- 2.3 The North Tees and Stockton and Hartlepool CCG are additionally considering a case to provide additional resource in the current year to increase capacity, provide additionally and reduce waiting lists. They are not yet in a position to make any longer term commitments.
- **2.4** All schools receive an allocation based upon pupil numbers; to date all but 7 schools have referred.
- 2.5 In the period April September there were a total of 375 referrals. Of these 49% came from schools, 22% from GPs and 95 from CAMHS. Direct Social care referrals represent 18% but this is in addition to children with Social Care involvement referred from other routes. Significant numbers of referrals come from schools in challenging areas.
- 2.6 Whilst Alliance reports indicate high levels of satisfaction rates from clients and schools and LA members of the TAMHS board reported generally positive commentary from schools a number of issues have been raised by schools, particularly:
 - High level of Health referrals despite initial low level of resource provided
 - Lack of clear system for prioritisation of referrals
 - Query as to the appropriateness of some CAMHS referrals
 - Difficulties in accessing provision on site for small schools
 - Allocation of hours of input solely based on school numbers
- **2.7** Without a commitment before the end of December 2012 to continuation of the contract Alliance will need to begin their exit strategy

3 Options

3.1 To cease the contract as of 31.03.13

Advantages:

 Each school/academy could purchase to meet individual need and as their budget allows

Disadvantages:

- Loss of potential economies of scale, overall performance management and strategic overview of need
- Lack of shared engagement with Health and Social Care in holistic provision
- **3.2** To procure for a further year (with review of contractual clauses)

Advantages: opportunity to improve on current arrangements reflecting identified issues and continue to maintain a Stocktonwide perspective

Disadvantages:

- Financial implications in an uncertain financial context
- 3.3 To go out to procure a joint service from 01.04.13

Disadvantages:

- The timescale is prohibitive, particularly if we are to take the opportunity of engaging with the new health Clinical Commissioning Group
- Financial implications in an uncertain financial context
- **3.4** To extend the contract until the end of the academic year at a cost of approx £167k (with review of contractual clauses)

Advantages:

- opportunity to improve on current arrangements with a more sharply focused contract whilst continuing to maintain a Stockton wide perspective
- Short term financial commitment whilst giving the time to consider the issue in the wider emerging financial and operational context and future engagement with reconfigured health partners

Disadvantages:

• Financial implications in uncertain financial context

4 Recommendation

4.1 To consider proceeding with option 3.4 whilst further considering the range of alternative options as the financial and structural landscape is clarified.